Autumn/Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 4th & 25th Jan, 8th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	**All Day Breakfast:** Pork Sausage, Scrambled Egg, Herby Potatoes with Broccoli, Sweetcorn & Baked Beans	Tender Chicken Pieces and Pasta in a Tomato and Herb Sauce with Garden Peas & Carrots	Roast Chicken, Yorkshire Pudding, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy	Margherita Pizza with Home-baked Potato Wedges, Broccoli & Sweetcorn	Fish Fingers, Chips with Peas & Baked Beans
Main Meal Option 2	Macaroni Cheese with Broccoli, Sweetcorn and Baked Beans	Plant-based Spaghetti Bolognese/Plant-based Pasta Bolognese with Garden Peas & Carrots VG	Quorn Grill, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy	Vegetable Biryani with Wholegrain Rice, Broccoli & Sweetcorn VG	Wholegrain Mexican Bean Wrap with Chips, Baked Beans & Garden Peas
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
Dessert	Shortbread Biscuit	Chocolatey Orange Fudge Cake	Strawberry Jelly	Lemon Drizzle Cake	Chocolatey Oaty Slice VG

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.